



*Compassionate Care for*  
**SENIORS AND**  
**CHILDREN**  
*You Can Trust*



## OUR SERVICES

### PERSONAL CARE

- Bathing, dressing, grooming and hygiene
- Mobility, turning and positioning assistance
  - Bed and tub transfers
- Toileting and incontinence
- Feeding and special diet
  - Safe ambulation
- Vital sign monitoring
- Prescribed exercise assistance

### DAILY LIVING

- Meal preparation
- Medication reminders
- Errand and shopping services
- Laundry and light housekeeping
- Home management services
  - Appointment scheduling
- Incidental transportation services

### COMPANIONSHIP AND RESPITE CARE

- Companionship and emotional support
- Mental exercise and stimulation
  - Telephone reassurance
- Planned/emergency respite care or relief for family
  - 24-hour care

## DEMENTIA CARE PROGRAM

### FAMILY CAREWATCH™

- Peer/family support
- Local/remote family communication services
- Caregiving counsel and education for family members
- Home care coordinator services (to help navigate families through the services they might need)

### HOME SAFETY

- Home safety evaluation
- Fall risk assessment



Living Well Family Care is a nonmedical home care agency that provides private home care services for the seniors' and children's community. Services that meet North Carolina Medicaid requirements are also available for Medicaid patients. We offer the Community Alternative Program (CAP services) for adults and children.



For more information visit us at:  
[www.livingwellfamilycare1.com](http://www.livingwellfamilycare1.com)

or

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# Personalized

Caregiving needs are as unique as the people involved. No one home care program fits all. At **LIVING WELL FAMILY CARE**, we specialize in personalization. We understand that care recipients as well as their families have different needs, challenges, feelings and preferences. We also understand that a caregiver's relationship with a family is unique and influences individual expectations and the overall caregiving experience.

Our personalized approach to caregiving takes all of this into consideration. We not only offer a wide range of home care services that can be customized to fit your needs, but through our **YourChoice™** caregiver selection process, we also allow you to select the caregiver who is the ideal match for your loved one. Ensuring that caregivers and recipients can build meaningful relationships is critical to your loved one's happiness and well being.



# Family Focused

Caregiving is a journey, a journey that changes the entire family. Many times people are unaware how these changes can affect them physically and emotionally. Through our **Family CareWatch™** program, we offer additional services to assist your family as you adjust to changes in your loved one's care.

For example, we can help you coordinate the home care services your loved one might need; find or modify activities that you and your loved one can enjoy together; or provide remote communication services to families who live out of town and need additional updates or reassurance. Our caregivers are also trained to recognize signs of caregiving stress and fatigue, and through specially trained staff members, we can provide guidance and emotional support in how to relieve such stress and fatigue.

# Trustworthy

We believe there is no greater compliment than to be trusted. We strive to maintain the highest ethical business standards possible. We employ caregivers and management staff who are reliable and honest, and we have a zero-tolerance policy for violations of our ethics policy. We put our employees through a thorough screening process, including:

- criminal background check
- pre-hire and random drug tests
- personal and professional reference checks
- face-to-face interviews



All of our caregivers are bonded and insured certified nursing assistants (CNAs) or trained in-home aides (IHAs) employed by **LIVING WELL FAMILY CARE**. Our training and supervision practices exceed state requirements for best practice. All employees are required to take a skills assessment test and attend in-service training and education, where necessary. All caregivers are certified in first aid and CPR and receive training in blood borne pathogens, universal precautions and caregiver support, a program unique to **LIVING WELL FAMILY CARE**. Many of our caregivers also have additional training in Parkinson's, Alzheimer's and dementia care. Our employees' care practices are monitored through routine and random home visits by a registered nurse.